

**Seaway/Capital-ARES District' DEC report April 2010**  
Counties of Renfrew, of Lanark, of Leeds-Grenville, of Prescott-Russell &  
of Stormont-Dundas & Glengarry, Cities of Ottawa & of Cornwall

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- **The Renfrew County West (RCW)-ARES group** AEC Dale VA3DNA and EC Bob VE3YX attended the Seaway / Capital ARES District meeting in Ottawa on Apr. 17th. The meeting was mainly to exercise the District Mutual Aid Plan (DMAP) that has been in development. Prior to the meeting, each group in the district had been called by the DEC, VE3IPC, to exercise a 'call for mutual aid' help due to a large incident scenario in Ottawa region. The "Request For Mutual Aid" form was tested at this point and the DEC was provided with the names of the responders by telephone exercise. On the meeting morning in Ottawa, Bob VA3QV acted in aid to the ARES District exercise as net control and guided the responding members to the staging area from which they would be deployed, according to the exercise scenario. We were deployed to the meeting room where we showed photo ID to prove that we were the responders identified in the call out. We also presented our completed "Mutual Aid Intake" forms giving our personal and next of Kin info. Next the form for providing the incident update and the deployment info to the responders was tested. Discussion of the forms and the plan followed and the consensus was that the ARES District Mutual Aid Program (DMAP) document and forms work. The respondents were asked to bring their 72 Hr personal kit. The kit list was discussed, and a list will be prepared to ensure that all members of the district will know what is expected of them if asked to bring a day kit or a 72 Hr kit etc. The "DMAP" is becoming a workable plan.

- A meeting of our group was held on Apr 21st at the Chalk River Fire Hall. 10 members were present. Bob and Dale reviewed the district meeting. The RCW-ARES group discussed how we can help with the upcoming "Incredible Races". These are races patterned after the TV show "Amazing Race", that will take place in Deep River, Pembroke and Renfrew this summer as fund raisers for the Phoenix Centre in Pembroke.

- While we have found that our "uniform" of a short sleeve white shirt with the ARES crest on the shoulders is quite effective when out in the public, it doesn't show well under a sweater or coat, so we have decided to supplement the cost of the ARES vest to our ARES members with money we have in reserve. Members will be polled and an order will be placed for the group.

- 7 members of our group, Bernie VA3SUR, Dale VA3DNA, Richard VA3BIX, Mike VE3DNA, Jeremy N2ZLQ, Don VE3IGN and Bob VE3YX will be attending the first 2 of 4 modules of the ARES training course being hosted by EC Paul VA3COG and the Renfrew County East group in Renfrew on Sat May 1st. DEC Mike VE3IPC and ADEC Lance VA3LP will be presenting the course. Modules 3 & 4 of 4 total will be presented on May 15th.

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- **The Cornwall-ARES Group** enjoys a close association with SVARC. The EC provided short ARES updates to the club members at the club's monthly meetings of March 31, 2010 and April 28, 2010.

- The Cornwall ARES group conducted a simulated disaster exercise and training session on Saturday, April 10, 2010. This exercise, which simulated a train derailment east of Cornwall and used the VE3SVC repeater auto patch was very effective in identifying 28 recommendations which can only be helpful in the long run. The Cornwall CEMC – Bradley Nuttley as well as representatives from the Red Cross also supported this exercise and were satisfied with the results.
- AEC Jim Richardson (VE3AFV) and EC Earle DePass (VE3IMP) attended the BEM Course on March 30 and 31, 2010 at the Cornwall Civic Complex. This course was worthwhile.
- Group EC Earle DePass and AEC Jim Richardson and as members of the SVARC paid a visit to the Iroquois Amateur Radio club. Through this visit Jim and Earle met the ARES Representative from Iroquois – Bob Van Amstel. This visit should re-kindle a new friendship between these two clubs.
- Cornwall ARES AEC Joe Scott – VE3ADB and Douglas Pearson (Group Technical Advisor – VE3HTR) and EC Earle DePass - VE3IMP attended the yearly ARES District Mutual Aid Program conference & participated with the ARES DMAP exercise of April 17, 2010 at the City of Ottawa Fire Training Center, where the Ottawa ARES group hosted this year's conference. We found the day useful.